

Eur J Geriatr Gerontol



European Journal of Geriatrics and Gerontology

2021

Volume: 3 Issue: 1 April

EDITORIAL

■ Using Ultrasound in the Assessment of Muscle
Stany Perkisas, Kristoffer Brockhattingen, Carly Welch, Gülistan Bahat; Antwerpen, Belgium, Svendborg, Denmark, Birmingham, United Kingdom, Istanbul, Turkey

ORIGINAL ARTICLES

- Nutritional Profile and Serum Uric Acid are Associated with Metabolic Syndrome in Community-dwelling Older Adults: A Cross-sectional Study
 - Ivna Vidal Freire, Denise Pereira dos Santos, Ícaro JS Ribeiro, Caroline Silva dos Santos, Raildo da Silva Coqueiro, Cezar Augusto Casotti, Rafael Pereira; Bahia, Brazil
- Frequency of Poor Sleep Quality and Related Factors in Geriatric Patients İbrahim Halil Türkbeyler, Ahmet Çiğiloğlu, Eyyüp Murat Efendioğlu, Zeynel Abidin Öztürk; Gaziantep, Turkey
- Characteristics and Outcomes of Frail Patients Hospitalised with Cardiovascular Diseases
 Tanissia Boukertouta, Sonia MSadek, François-Xavier Goudot, Nabila Guendouze, Georges Sebbane, Charlotte Cohen, Edith Martins-Meune, Samir Tine, Christophe Meune; Bobigny, Naterre, Paris, France
- Retrospective Evaluation of Geriatric Inpatients with Nephrotic Syndrome: A Single Centre Experience
 Aslı Kılavuz, Sumru Savaş, Fulden Saraç, Fehmi Akçiçek; İzmir, Turkey

LETTER TO THE EDITOR

Cremation Challenge Under Coronavirus Disease-2019
 Sunny Chi Lik Au; Hong Kong, China







2021

Volume 3

Editor in Chief

Mehmet Akif Karan, MD

Istanbul University Istanbul Medical Faculty, Department of Geriatrics, Istanbul, Turkey karanma@istanbul.edu.tr

Editor

Zeynel Abidin Öztürk, MD

Gaziantep University Medical Faculty, Department of Geriatrics, Gaziantep, Turkey zaodr@yahoo.com.tr

Associate Editor

Sibel Akın, MD

Erciyes University Medical Faculty, Department of Geriatrics, Kayseri, Turkey sibelyanmaz@gmail.com

Aslı Tufan Çinçin, MD

Marmara University Medical Faculty, Department of Geriatrics, İstanbul, Turkey aslitufan@yahoo.com

Muhammet Cemal Kızılarslanoğlu, MD

Sağlık Bilimleri University, Konya Training and Research Hospital, Konya, Turkey drcemalk@yahoo.com.tr

Editorial No Board

Selahattin Fehmi Akçiçek, MD

Ege University, Medical Faculty, Department of Geriatrics, İzmir, Turkey

Sevgi Aras, MD

Ankara University, Medical Faculty, Department of Geriatrics, Ankara, Turkey

Dursun Aras, MD

Sağlık Bilimleri University, Ankara Training and Research Hospital, Ankara, Turkey

Güneş Arık, MD

Sağlık Bilimleri University, Ankara Numune Training and Research Hospital, Department of Geriatrics, Ankara, Turkey

Teslime Atlı, MD

Ankara Güven Hospital, Department of Geriatrics, Ankara, Turkey

Ayşegül Atmaca, MD

19 Mayıs University, Medical Faculty, Department of Endocrinology, Samsun, Turkey

Zeynep Dilek Aydın, MD

Süleyman Demirel University, Medical Faculty, Department of Geriatrics, İstanbul, Turkey

Gülistan Bahat Öztürk, MD

İstanbul University İstanbul Medical Faculty, Department of Geriatrics, İstanbul, Turkey

Ergün Bozoğlu, MD

Sağlık Bilimleri University, Gülhane Training and Research Hospital, Department of Geriatrics, İstanbul, Turkey

Olivier Bruyere, MD

University of Liege Medical Faculty, Department of Public Health, Liège, Belgium

Mustafa Cankurtaran, MD

Hacettepe University, Medical Faculty, Department of Geriatrics, Ankara, Turkey

Erkan Çoban, MD

Akdeniz University, Medical Faculty, Department of Geriatrics, Antalya, Turkey

Aslı Curaunlu. MD

Istanbul Bilim University, Medical Faculty, Department of Geriatrics, Istanbul, Turkey

Hüseyin Doruk MD,

Başkent University, Medical Faculty, Department of Geriatrics, Ankara, Turkey

Alper Döventaş, MD

İstanbul University Cerrahpaşa Medical Faculty, Department of Geriatrics, İstanbul, Turkey

Ülev Deniz Suna Erdinçler, MD

istanbul University Cerrahpaşa Medical Faculty, Department of Geriatrics, Istanbul, Turkey

Özcan Erel, MD

Ankara Yıldırım Beyazıt University, Department of Biochemistry, Ankara, Turkey

Sibel Eyigör, MD

Ege University, Medical Faculty, Department of Physical Medicine and Rehabilitation, izmir, Turkey

Doron Garfinkel, MD

Geriatric-Palliative Consultant, Sheba Medical Center & Deputy Head, Homecare Hospice, Israel Cancer Association dgarfink@netvision.net.il

Kürşat Gündoğan, MD

Erciyes University Medical Faculty, Department of Internal Medicine, Kayseri, Turkey

Mahmut Edip Gürol, MD

Harvard University Medical School, Department of Neurology, Boston, United States

Meltem Gülhan Halil, MD

Hacettepe University, Medical Faculty, Department of Geriatrics, Ankara, Turkey

Alfonso J Jentoft, MD

Hospital Universitario Ramón y Cajal (IRYCIS), Department of Geriatrics, Madrid, Spain

Özgür Kara, MD

Ankara Yıldırım Beyazıt University Yenimahalle Training and Research Hospital, Clinic of Geriatrics, Ankara, Turkey drokhacettepe@hotmail.com

Berrin Karadağ MD,

ACU University, Medical Faculty, Kadıköy Acıbadem Hospital, Department of Geriatrics, İstanbul. Türkey

Mustafa Kemal Kılıç, MD

University of Health Sciences, Ankara Training and Research Hospital, Clinic of Geriatrics, Ankara, Turkey proftibbia@yahoo.com

Yulia Kotovskaya, MD

Peoples' Friendship University of Russia, Department of Cardiology and Personolized Medicine, Moscow, Russia

Milta Little, MD

Saint Louis University School of Medicine, Department of Geriatrics, St. Louis, United States

Selim Nalbant, MD

Maltepe University Medical Faculty, Department of Geriatrics, İstanbul, Turkey

Nele Van Den, MD

Noortgate University Hospital Ghent , Department of Geriatrics, Gent, Belgium

Hasan Öztin, MD

Erzurum Regional Training and Research Hospital, Clinic of Geriatrics, Erzurum, Turkey dr.hasanoztin@gmail.com

Karolina Piotrowicz, MD

Jagiellonian University Medical Faculty, Department of Internal Medicine and Gerontology, Kraków, Poland

Bülent Saka, MD

İstanbul University İstanbul Medical Faculty, Department of Geriatrics, İstanbul, Turkey

Fulden Saraç, MD

Ege University, Medical Faculty, Department of Geriatrics, İzmir, Turkey

Cornel Christian Sieber, MD

Friedrich-Alexander University, Department of Geriatrics, Erlangen, Germany

Şevnaz Şahin, MD

Ege University, Medical Faculty, Department of Geriatrics, İzmir, Turkey

İbrahim Şahin, MD

inönü University, Medical Faculty, Department of Endocrinology, Malatya, Turkey

Ilker Taşçı, MD

Sağlık Bilimleri University, Gülhane Training and Research Hospital, Department of Geriatrics, İstanbul, Turkey

Mustafa Ender Terzioğlu, MD

Akdeniz University, Medical Faculty, Department of Geriatrics, Antalya, Turkey

Eva Topinková, MD

Charles University in Prague, Medical Faculty, Department of Geriatrics, Staré Město, Czechia

Maurits Vandewoude, MD

University of Antwerp, Department of Geriatrics, Antwerpen, Belgium

Murat Varlı, MD

Ankara University, Medical Faculty, Department of Geriatrics, Ankara, Turkey

Ahmet Yalçın, MD

Ankara University, Medical Faculty, Department of Geriatrics, Ankara, Turkey

Pınar Tosun Taşar, MD

Erzurum Atatürk University Faculty of Medicine, Department of Geriatrics, Erzurum, Turkey pinar.tosun@gmail.com

Burcu Balam Yavuz, MD

Hacettepe University, Medical Faculty, Department of Geriatrics, Ankara, Turkey

Dilek Gogas Yavuz, MD

Marmara University, Medical Faculty, Department of Endocrinology, İstanbul, Turkey

Hakan Yavuzer, MD

İstanbul University Cerrahpaşa Medical Faculty, Department of Geriatrics, İstanbul, Turkey

Mehmet Yürüyen, MD

Bakırköy Dr. Sadi Konuk Training and Research Hospital, Clinic of Geriatrics, İstanbul, Turkey

Publisher Contact

Address: Molla Gürani Mah. Kaçamak Sk. No: 21/1 34093 İstanbul, Turkey

Phone: +90 (212) 621 99 25 **Fax:** +90 (212) 621 99 27 **E-mail:** info@galenos.com.tr / yayin@galenos.com.tr

Web: www.galenos.com.tr

Online Publication Date: March 2021

Publisher Certificate Number: 14521 E-ISSN: 2687-2625 International periodical journal published three times in a year.

Address for Correspondence

Academic Geriatrics Society

Güven Çarşısı Enez Sok. 2/176 Altındağ - Ankara, Turkey info@ejgg.org

Reviewing the articles' conformity to the publishing standards of the Journal, typesetting, reviewing and editing the manuscripts and abstracts in English and publishing process are realized by Galenos.

2021

Volume 3





About us

European Journal of Geriatrics and Gerontology is the official open access scientific publication organ of the Academic Association of Geriatrics. It is a double peer-reviewed journal published quarterly in April, August and December.

The target audience of the journal includes physicians working in the fields of geriatrics and gerontology and all other health professionals who are interested in these topics.

The editorial processes of the journal are shaped in accordance with the guidelines of the international organizations such as the International Council of Medical Journal Editors (ICMJE) (http://www.icmje.org) and the Committee on Publication Ethics (COPE) (http://publicationethics.org).

European Journal of Geriatrics and Gerontology is indexed in the EBSCO, Index Copernicus, Gale, ProQuest, EuroPub, J-Gate.

All manuscripts should be submitted through the journal's web page at www. ejgg.com Instructions for authors, technical information, and other necessary

- Aging
- · Aging Biology
- · Alzheimer's Disease
- Biogerontology
- · Bone health in older people
- · Cell Biology
- · Clinical Geriatrics
- · Clinical Geropsychology
- Cognitive Disorders
- Demography of Older Populations
- · Dental and Oral Health
- Delirium
- · Diabetes Mellitus
- Dizziness
- Disability
- · Drugs & Aging
- · Experimental Gerontology
- · Economics of ageing
- Falls
- Frailty
- Geriatrics
- · Geriatric Bioscience
- · Geriatric Care Management
- · Geriatric Depression
- · Geriatric Emergency Medicine
- · Geriatric Gynecology
- · Geriatric Occupational Therapy
- · Geriatric Ophthalmology
- Geriatric Otolaryngology

- · Geriatric Pain Management
- · Geriatric Palliative Care
- · Geriatric Pharmacotherapy
- Geriatric Physical Therapy
- · Geriatric Psychiatry
- · Geriatric Psychology
- · Geriatric Rheumatology
- Geriatric Trauma
- · Geriatric Urology
- Geriatric Nursing
- · Geriatric Syndromes
- Gerontechnology
- Hypertension
- · Healthy Aging
- · Home and Community-Based Services
- · Incontinence
- · Long-Term Care
- · Orthogeriatrics
- Polypharmacy
- · Parkinsons Disease
- · Parkinsonian syndromes
- Pressure Sores
- · Psychological Gerontology
- · Sarcopenia
- · Sleep Disorders
- Syncope
- Social Gerontology
- · Stroke Medicine

forms can be accessed over this web page. Authors are responsible for all content of the manuscripts.

Special features include rapid communication of important timely issues, surgeon' workshops, interesting case reports, surgical techniques, clinical and basic science review articles, guest editorials, letters to the editor, book reviews, and historical articles in geriatrics and gerontology.

Open Access Policy

This journal provides immediate open access to its content on the principle that making research freely available to the public supports a greater global exchange of knowledge.

Open Access Policy is based on rules of Budapest Open Access Initiative (BOAI). http://www.budapestopenaccessinitiative.org/ By "open access" to [peerreviewed research literature], we mean its free availability on the public internet, permitting any users to read, download, copy, distribute, print, search, or link to the full texts of these articles, crawl them for indexing, pass them as data to software, or use them for any other lawful purpose, without financial, legal, or technical barriers other than those inseparable from gaining access to the internet itself. The only constraint on reproduction and distribution, and the only role for copyright in this domain, should be to give authors control over the integrity of their work and the right to be properly acknowledged and cited.

This work is licensed under a Creative Commons Attribution-NonCommercial-NoDerivatives 4.0 International License.

Address for Correspondence

Zeynel Abidin Öztürk

Gaziantep Üniversitesi Tıp Fakültesi, Geriatri Bilim Dalı, Gaziantep, Turkey

E-mail: zaodr@yahoo.com.tr

Issuing Body

Galenos Yayınevi Tic. Ltd. Şti.

Molla Gürani Mah. Kaçamak Sok. No: 21, 34093, Fındıkzade, İstanbul, Turkiye

Phone: +90 212 621 99 25 Fax: +90 212 621 99 27 E-mail: info@galenos.com.tr

Instructions to Authors

Introductions for authors are published in the journal and on the web page www. ejgg.org/instructions-to-authors

Material Disclaimer

The author(s) is (are) responsible from the articles published in the European Journal of Geriatrics and Gerontology. The editor, editorial board and publisher do not accept any responsibility for the articles.



2021 Volume 3





Instructions to Authors

European Journal of Geriatrics and Gerontology is the official publication of Academic Association of Geriatrics. The publication language of the journal is English.

European Journal of Geriatrics and Gerontology does not charge any fee for article submission or processing. Also manuscript writers are not paid by any means for their manuscripts.

The journal should be abbreviated as "Eur J Geriatr Gerontol" when referenced.

The European Journal of Geriatrics and Gerontology accepts invited review articles, research articles, brief reports, case reports, letters to the editor, and images that are relevant to the scope of geriatrics and gerontology, on the condition that they have not been previously published elsewhere. Basic science manuscripts, such as randomized, cohort, cross-sectional, and case control studies, are given preference. All manuscripts are subject to editorial revision to ensure they conform to the style adopted by the journal. There is a double blind kind of reviewing system.

The Editorial Policies and General Guidelines for manuscript preparation specified below are based on "Recommendations for the Conduct, Reporting, Editing, and Publication of Scholarly Work in Medical Journals (ICMJE Recommendations)" by the International Committee of Medical Journal Editors (2013, archived at http://www.icmje.org).

Editorial Process

Following receiving of each manuscript, a checklist is completed by the Editorial Assistant. The Editorial Assistant checks that each manuscript contains all required components and adheres to the author guidelines, after which time it will be forwarded to the Editor in Chief. Following the Editor in Chief's evaluation, each manuscript is forwarded to the Associate Editor, who in turn assigns reviewers. Generally, all manuscripts will be reviewed by at least three reviewers selected by the Associate Editor, based on their relevant expertise. Associate editor could be assigned as a reviewer along with the reviewers. After the reviewing process, all manuscripts are evaluated in the Editorial Board Meeting.

European Journal of Geriatrics and Gerontology's editor and Editorial Board members are active researchers. It is possible that they would desire to submit their manuscript to European Journal of Geriatrics and Gerontology. This may be creating a conflict of interest. These manuscripts will not be evaluated by the submitting editor(s). The review process will be managed and decisions made by editor-in-chief who will act independently. In some situation, this process will be overseen by an outside independent expert in reviewing submissions from editors.

Preparation of Manuscript

Manuscripts should be prepared according to ICMJE guidelines (http://www.icmje.org).

Original manuscripts require a structured abstract. Label each section of the structured abstract with the appropriate subheading (Objective, Materials and Methods, Results, and Conclusion). Case reports require short

unstructured abstracts. Letters to the editor do not require an abstract. Research or project support should be acknowledged as a footnote on the title page.

Technical and other assistance should be provided on the title page.

Title Page

Title: The title should provide important information regarding the manuscript's content.

The title page should include the authors' names, degrees, and institutional/professional affiliations, a short title, abbreviations, keywords, financial disclosure statement, and conflict of interest statement. If a manuscript includes authors from more than one institution, each author's name should be followed by a superscript number that corresponds to their institution, which is listed separately. Please provide contact information for the corresponding author, including name, e-mail address, and telephone and fax numbers.

Running Head: The running head should not be more than 40 characters, including spaces, and should be located at the bottom of the title page.

Word Count: A word count for the manuscript, excluding abstract, acknowledgments, figure and table legends, and references, should be provided not exceed 3000 words. The word count for an abstract should be not exceed 300 words.

Conflict of Interest Statement: To prevent potential conflicts of interest from being overlooked, this statement must be included in each manuscript. In case there are conflicts of interest, every author should complete the ICMJE general declaration form, which can be obtained at: http://www.icmje.org/coi_disclosure.pdf

Abstract and Keywords: The second page should include an abstract that does not exceed 300 words. Moreover, as various electronic databases integrate only abstracts into their index, important findings should be presented in the abstract.

Abstract

Objective: The abstract should state the objective (the purpose of the study and hypothesis) and summarize the rationale for the study.

Materials and Methods: Important methods should be written respectively.

Results: Important findings and results should be provided here.

Conclusion: The study's new and important findings should be highlighted and interpreted.

Other types of manuscripts, such as case reports, reviews and others will be published according to uniform requirements. Provide at least 3 keywords below the abstract to assist indexers. Use terms from the Index Medicus Medical Subject Headings List (for randomized studies a CONSORT abstract should be provided (http://www.consort-statement.org).

2021

Volume 3





Instructions to Authors

Original Articles

Original articles should have the following sections;

Introduction: The introduction should include an overview of the relevant literature presented in summary form (one page), and whatever remains interesting, unique, problematic, relevant, or unknown about the topic must be specified. The introduction should conclude with the rationale for the study, its design, and its objective(s).

Materials and Methods: Clearly describe the selection of observational or experimental participants, such as patients, laboratory animals, and controls, including inclusion and exclusion criteria and a description of the source population. Identify the methods and procedures in sufficient detail to allow other researchers to reproduce your results. Provide references to established methods (including statistical methods), provide references to brief modified methods, and provide the rationale for using them and an evaluation of their limitations. Identify all drugs and chemicals used, including generic names, doses, and routes of administration. The section should include only information that was available at the time the plan or protocol for the study was devised on STROBE (http://www.strobe-statement.org).

Statistics: Describe the statistical methods used in enough detail to enable a knowledgeable reader with access to the original data to verify the reported results. Statistically important data should be given in the text, tables and figures. Provide details about randomization, describe treatment complications, provide the number of observations, and specify all computer programs used.

Results: Present your results in logical sequence in the text, tables, and figures. Do not present all the data provided in the tables and/or figures in the text; emphasize and/or summarize only important findings, results, and observations in the text. For clinical studies provide the number of samples, cases, and controls included in the study. Discrepancies between the planned number and obtained number of participants should be explained. Comparisons, and statistically important values (i.e. p value and confidence interval) should be provided.

Discussion: This section should include a discussion of the data. New and important findings/results, and the conclusions they lead to should be emphasized. Link the conclusions with the goals of the study, but avoid unqualified statements and conclusions not completely supported by the data. Do not repeat the findings/results in detail; important findings/results should be compared with those of similar studies in the literature, along with a summarization. In other words, similarities or differences in the obtained findings/results with those previously reported should be discussed.

Study Limitations: Limitations of the study should be detailed. In addition, an evaluation of the implications of the obtained findings/results for future research should be outlined.

Conclusion: The conclusion of the study should be highlighted.

References

Cite references in the text, tables, and figures with numbers in parentheses. Number references consecutively according to the order in which they first appear in the text. Journal titles should be abbreviated according to the style used in Index Medicus (consult List of Journals Indexed in Index Medicus). Include among the references any paper accepted, but not yet published, designating the journal and followed by, in press. Authors are solely responsible for the accuracy of all references.

Examples of References:

1. List All Authors

Bonanni E, Tognoni G, Maestri M, Salvati N, Fabbrini M, Borghetti D, DiCoscio E, Choub A, Sposito R, Pagni C, Iudice A, Murri L. Sleep disturbancesin elderly subjects: an epidemiological survey in an Italian district. ActaNeurol Scand 2010;122:389-397.

2. Organization as Author

American Geriatrics Society 2015 Updated Beers Criteria Expert panel. American geriatrics society 2015 updated Beer criteria for potentially inappropriate medication use in older adults. J Am Geriatr Soc 2015;63: 2227-2246.

3. Complete Book

Ham RJ, Sloane PD, Warshaw GA, Potter JF, Flaherty E. Ham's primary care geriatrics: a case-based approach, 6th ed. Philadelphia, Elsevier/Saunders, 2014.

4. Chapter in Book

BG Katzung. Special Aspects of Geriatric Pharmacology, In:Bertram G. Katzung, Susan B. Masters, Anthony J. Trevor (Eds). Basic and Clinical Pharmacology. 10th edition, Lange, Mc Graw Hill, USA 2007, pp 983-90.

5. Abstract

Reichenbach S, Dieppe P, Nuesch E, Williams S, Villiger PM, Juni P. Association of bone attrition with knee pain, stiffness and disability; a cross sectional study. Ann Rheum Dis 2011;70:293-8. (abstract).

6. Letter to the Editor

Rovner B. The Role of the Annals of Geriatric Medicine and Research as a Platform for Validating Smart Healthcare Devices for Older Adults. Ann Geriatr. 2017;21:215-216.

7. Supplement

Garfinkel D. The tsunami in 21st century healthcare: The age-related vicious circle of co-morbidity - multiple symptoms - over-diagnosis - over treatment - polypharmacy [abstract]. J Nutr Health Aging 2013;17(Suppl 1):224-227.

2021 Volume 3





Instructions to Authors

Case Reports

Case reports should be structured as follows:

Abstract: An unstructured abstract that summarizes the case.

Introduction: A brief introduction (recommended length: 1-2 paragraphs).

Case Presentation: This section describes the case in detail, including the initial diagnosis and outcome.

Discussion: This section should include a brief review of the relevant literature and how the presented case furthers our understanding to the disease process.

Review Articles

Reviews should include a conclusion, in which a new hypothesis or study about the subject may be posited. Do not publish methods for literature search or level of evidence. Authors who will prepare review articles should already have published research articles on the relevant subject. There should be a maximum of two authors for review articles.

Images in Geriatrics and Gerontology

Authors can submit for consideration an illustration and photos that is interesting, instructive, and visually attractive, along with a few lines of explanatory text and references. No abstract, discussion or conclusion are required but please include a brief title.

Letters to the Editor

Letters can include no more than 600 words of text, 10 references, and 1 figure or table. No abstract is required, but please include a brief title.

Invited Review Article: Invited review articles are comprehensive analyses of specifictopics in medicine, which are written upon invitation due to extensive experience and publications of authors on there view subjects. All invited review articles will also undergo peer review prior to acceptance.

Editorial Comment: Editorial comments are a briefremark on an article published in the journal by there viewer of the article or by a relevantauthority. Most comments are invited by the Editor-in-Chief but spontaneous comments are welcome. An abstract is not required with this type of manuscripts.

Tables, Graphics, Figures, and Images

Tables: Supply each table on a separate file. Number tables according to the order in which they appear in the text, and supply a brief caption for each. Give each column a short or abbreviated heading. Write explanatory statistical measures of variation, such as standard deviation or standard error of mean. Be sure that each table is cited in the text.

Figures: Figures should be professionally drawn and/or photographed. Authors should number figures according to the order in which they appear in the text. Figures include graphs, charts, photographs, and illustrations. Each figure should be accompanied by a legend that does not exceed 50 words. Use abbreviations only if they have been introduced in the text. Authors are also required to provide the level of magnification for histological slides. Explain the internal scale and identify the staining method used. Figures

should be submitted as separate files, not in the text file. High-resolution image files are not preferred for initial submission as the file sizes may be too large. The total file size of the PDF for peer review should not exceed 5 MB.

Article Type	Abstract (words)	Document (words) (excluding references)	References	Total Tables and Figures
Original Articles	300	3000	50	5
Review Articles	300	3500	75	5
Invited Review Article	300	3500	75	5
Case Reports	100	1000	15	2
Images	None	500	10	2
Letters to the Editor	None	600	10	1
Editorial Comment	None	1500	20	2

Authorship

Each author should have participated sufficiently in the work to assume public responsibility for the content. Any portion of a manuscript that is critical to its main conclusions must be the responsibility of at least 1 author.

Contributor's Statement

All submissions should contain a contributor's statement page. Each manuscript should contain substantial contributions to idea and design, acquisition of data, or analysis and interpretation of findings. All persons designated as an author should qualify for authorship, and all those that qualify should be listed. Each author should have participated sufficiently in the work to take responsibility for appropriate portions of the text.

Acknowledgments

Acknowledge support received from individuals, organizations, grants, corporations, and any other source. For work involving a biomedical product or potential product partially or wholly supported by corporate funding, a note stating, "This study was financially supported (in part) with funds provided by (company name) to (authors' initials)", must be included. Grant support, if received, needs to be stated and the specific granting institutions' names and grant numbers provided when applicable.

Authors are expected to disclose on the title page any commercial or other associations that might pose a conflict of interest in connection with the submitted manuscript. All funding sources that supported the work and the institutional and/or corporate affiliations of the authors should be acknowledged on the title page.

2021

Volume 3





Instructions to Authors

Ethics

When reporting experiments conducted with humans indicate that the procedures were in accordance with ethical standards set forth by the committee that oversees human experimentation. Approval of research protocols by the relevant ethics committee, in accordance with international agreements (Helsinki Declaration of 1975, revised 2013 available at http://www.wma.net/e/policy/b3.html "Guide for the Care and use of Laboratory Animals" www.nap.edu/catalog/5140.html), is required for all experimental, clinical, and drug studies. Studies performed on human require ethics committee certificate including approval number. It also should be indicated in the "Materials and Methods" section. Patient names, initials, and hospital identification numbers should not be used. Manuscripts reporting the results of experimental investigations conducted with humans must state that the study protocol received institutional review board approval and that the participants provided informed consent.

Non-compliance with scientific accuracy is not in accord with scientific ethics.

Plagiarism: To re-publish whole or in part the contents of another author's publication as one's own without providing a reference. Fabrication: To publish data and findings/results that do not exist.

Duplication: Use of data from another publication, which includes republishing a manuscript in different languages.

Salamisation: To create more than one publication by dividing the results of a study preternaturally.

We disapproval upon such unethical practices as plagiarism, fabrication, duplication, and salamisation, as well as efforts to influence the review process with such practices as gifting authorship, inappropriate acknowledgements, and references. Additionally, authors must respect participant right to privacy.

On the other hand, short abstracts published in congress books that do not exceed 400 words and present data of preliminary research, and those that are presented in an electronic environment are not accepted pre-published work. Authors in such situation must declare this status on the first page of the manuscript and in the cover letter (The COPE flowchart is available at: http://publicationethics.org).

We use iThenticate to screen all submissions for plagiarism before publication.

Conditions of Publication

All authors are required to affirm the following statements before their manuscript is considered:

- The manuscript is being submitted only to European Journal of Geriatrics and Gerontology
- 2. The manuscript will not be submitted elsewhere while under consideration by European Journal of Geriatrics and Gerontology
- 3. The manuscript has not been published elsewhere, and should it be published in the European Journal of Geriatrics and Gerontology it will not be published elsewhere without the permission of the

- editors (these restrictions do not apply to abstracts or to press reports for presentations at scientific meetings)
- 4. All authors are responsible for the manuscript's content
- 5. All authors participated in the study concept and design, analysis and interpretation of the data, drafting or revising of the manuscript, and have approved the manuscript as submitted. In addition, all authors are required to disclose any professional affiliation, financial agreement, or other involvement with any company whose product figures prominently in the submitted manuscript.

Authors of accepted manuscripts will receive electronic page proofs and are responsible for proofreading and checking the entire article within two days. Failure to return the proof in two days will delay publication. If the authors cannot be reached by email or telephone within two weeks, the manuscript will be rejected and will not be published in the journal.

Copyright

At the time of submission all authors will receive instructions for submitting an online copyright form. No manuscript will be considered for review until all authors have completed their copyright form. Please note, it is our practice not to accept copyright forms via fax, e-mail, or postal service unless there is a problem with the online author accounts that cannot be resolved. Every effort should be made to use the online copyright system. Corresponding authors can log in to the submission system at any time to check the status of any co-author's copyright form. All accepted manuscripts become the permanent property of the European Journal of Geriatrics and Gerontology and may not be published elsewhere in whole or in part ¾ without written permission.

If article content is copied or downloaded for non-commercial research and education purposes, a link to the appropriate citation [authors, journal, article title, volume, issue, page numbers, digital object identifier (DOI)] and the link to the definitive published version should be maintained. Copyright notices and disclaimers must not be deleted.

Note: We cannot accept any copyright that has been altered, revised, amended, or otherwise changed. Our original copyright form must be used as is

Copyright Transfer Form

Abbreviations and Symbols

Use only standard abbreviations. Avoid abbreviations in the title and abstract. The full term for an abbreviation should precede its first use in the text, unless it is a standard abbreviation. All acronyms used in the text should be expanded at first mention, followed by the abbreviation in parentheses; thereafter the acronym only should appear in the text. Acronyms may be used in the abstract if they occur 3 or more times therein, but must be reintroduced in the body of the text. Generally, abbreviations should be limited to those defined in the AMA Manual of Style, current edition. A list of each abbreviation (and the corresponding full term) used in the manuscript must be provided on the title page.

2021 Volume 3





Instructions to Authors

Online Article Submission Process

European Journal of Geriatrics and Gerontology uses submission software powered by Online Article Submission articles the website for submissions to the European Journal of Geriatrics and Gerontology is www.ejgg.org. This system is quick and convenient, both for authors and reviewers.

The ORCID (Open Researcher and Contributor ID) number of the correspondence author should be provided while sending the manuscript. A free registration can create at http://orcid.org.

The Review Process

Each manuscript submitted to the European Journal of Geriatrics and Gerontology is subject to an initial review by the editorial office in order to determine if it is aligned with the journal's aims and scope, and complies with essential requirements. Manuscripts sent for peer review will be assigned to one of the journal's associate editors that has expertise relevant to the manuscript's content. All manuscripts are double-blind peer reviewed. All accepted manuscripts are sent to a statistical and English language editor before publishing. Once papers have been reviewed, the reviewers' comments are sent to the Editor, who will then make a preliminary decision on the paper. At this stage, based on the feedback from reviewers, manuscripts can be accepted, rejected, or revisions can be recommended. Following initial peer-review, articles judged worthy of further consideration often require revision. Revised manuscripts generally must be received within 3 months of the date of the initial decision. Extensions must be requested from the Associate Editor at least 2 weeks

before the 3-month revision deadline expires; the Journal of Urological Surgery will reject manuscripts that are not received within the 3-month revision deadline. Manuscripts with extensive revision recommendations will be sent for further review (usually by the same reviewers) upon their re-submission. When a manuscript is finally accepted for publication, the Technical Editor undertakes a final edit and a marked-up copy will be e-mailed to the corresponding author for review and to make any final adjustments.

English Language Editing

All manuscripts are professionally edited by an English language editor prior to publication.

Subscription Information

Academic Geriatrics Society

Address: Güven Çarşısı Enez Sok. 2/176 Altındağ, Ankara, Turkey

Online Submission:

Web page: http://ejgg.org/ E-mail: info@ejgg.org

Correspondence

All correspondence should be directed to the journal's editorial.

Editor in chief: Mehmet Akif Karan

Editor: Zeynel Abidin Öztürk





Volume 3

CONTENTS

EDITORIAL

1 Using Ultrasound in the Assessment of Muscle

Stany Perkisas, Kristoffer Brockhattingen, Carly Welch, Gülistan Bahat; Antwerpen, Belgium, Svendborg, Denmark, Birmingham, United Kingdom, İstanbul, Turkey

ORIGINAL ARTICLES

4 Nutritional Profile and Serum Uric Acid are Associated with Metabolic Syndrome in Community-dwelling Older Adults: A Cross-sectional Study

Ivna Vidal Freire, Denise Pereira dos Santos, Ícaro JS Ribeiro, Caroline Silva dos Santos, Raildo da Silva Coqueiro, Cezar Augusto Casotti, Rafael Pereira; Bahia, Brazil

- 12 Frequency of Poor Sleep Quality and Related Factors in Geriatric Patients

 İbrahim Halil Türkbeyler, Ahmet Çiğiloğlu, Eyyüp Murat Efendioğlu, Zeynel Abidin Öztürk; Gaziantep, Turkey
- 18 Characteristics and Outcomes of Frail Patients Hospitalised with Cardiovascular Diseases
 Tanissia Boukertouta, Sonia MSadek, François-Xavier Goudot, Nabila Guendouze, Georges Sebbane, Charlotte Cohen,
 Edith Martins-Meune, Samir Tine, Christophe Meune; Bobigny, Naterre, Paris, France
- **Retrospective Evaluation of Geriatric Inpatients with Nephrotic Syndrome: A Single Centre Experience**Aslı Kılavuz, Sumru Savaş, Fulden Saraç, Fehmi Akçiçek; İzmir, Turkey

LETTER TO THE EDITOR

29 Cremation Challenge Under Coronavirus Disease-2019
Sunny Chi Lik Au; Hong Kong, China